

CURRICULUM VITAE

DR. H. S. PALEP

MAY 2007

Name	Hanmanthrao Sambaiah Palep
Date of Birth	14 November 1938
Address (Residence)	Q/2, Prathamesh Society, Veer Savarkar Marg, Prabhadevi, Mumbai – 400025, India.
Telephone	91-22- 24220649 / 24220404. Mob:0091-9820700270
Address (Hospital)	Dr.Palep's 'Priyank' Surgical & Maternity Home, Manoj CHS, Shankar Ghanekar Marg, Opp.Rachana College of Architecture, Prabhadevi, Mumbai – 400 025, India.
Telephone	91-22- 24220404
Designation	Consultant Obstetrician & Gynaecological Surgeon with Special interest in infertility, BOH/RPL
E-mail	docpalep@hotmail.com , docpalep@yahoo.com

School Education:

Jagtiyal High School.

MEDICAL EDUCATION

Undergraduate (M.B.B.S.)	Grant Medical College & Sir J. J. Group of Hospitals, Mumbai University	1970
Diploma in Obstetrics & Gynaecology(D.G.O.)	College Of Physicians & Surgeons, Mumbai	1972
Diploma in Family Planning(D.F.P)	College Of Physicians & Surgeons,	1973

Planning(D.F.P)	Mumbai	
Postgraduate (M. D.)	Grant Medical College& Sir J. J. Group of Hospitals, Mumbai University	1973
Ayurvedic Graduation(G.F.A.M.)	R. A. Podar Medical (Ayurvedic) College & M.A. Podar Hospital, Mumbai	1962

PAST APPOINTMENTS

Lecturer in Obstetrics & Gynaecology	M.A. Podar Hospital & Podar Medical College, Mumbai	1971 – 1995
Honorary Assistant Professor in Obst. & Gyn.	Grant Medical College & St. George's Hospital, Mumbai	1997 – 1983
Honorary Associate Professor	Grant Medical College & St. George's Hospital	1983 – 1991
Honorary Professor	Grant Medical College & St. George's Hospital	1991 – 2000

REGISTRATION

Specialist Registration, Maharashtra Medical Council,

Registration No. 6560

PRESENT APPOINTMENTS:

Prof. & Head, Department of integrative research, Somaiya Medical College.

Consultant Obstetrician & Gynecological Surgeon – **Dr. Palep's 'Priyank' Maternity, Surgical & Laparoscopy Clinic, Mumbai**

Chairman - **Dr. Palep's Medical Research Foundation, Mumbai**

Trustee - **Dr. Palep's Medical Education & Research Trust, Mumbai**
Consultant to Ayush dept. (GOI) GTP programme on Menopause
Member of the team representing GOI before EU commission on Ayurveda
On deputation by GOI to USA to teach Ayurveda at US medical schools (12 hrs. teaching module) from 28/ 05/ 07 to 04/06/07.

AFFILIATIONS

Fellow of Indian College of Obst & Gyn (F.I.C.O.G.)

Federation of Obst. & Gyn. of India (F.O.G.S.I.)

Indian Medical Association(I.M.A.)- Mumbai

SPECIALISED EXPERIENCE

Large experience in all the major Gynaecological and Obstetric operations. Special expertise in microsurgical reconstructive tubal surgery. Radical surgery for cancer cervix. Vesico-Vaginal fistula repair.

Sling operations for Uterine Prolapse. Operative Pelviscopy and Hysteroscopy.

Special experience in Surgical treatment of Proximal tubal obstruction in Infertility.

Experience in Sonography guided procedures in assisted reproduction and Gynaecological conditions.

TEACHING EXPERIENCE

Recognised senior teacher for M.B.B.S., D.G.O, D.F.P., M.D. (Obs. & Gyn), B.A.M.S.

DISTINCTION : Only Recognised teacher at the Mumbai University in both Modern Medicine and Ayurveda Faculties.

EXAMINER : M.B.B.S., D.F.P., D.G.O., M.D., B.A.M.S.

CLINICAL EXPERIENCE

Almost four decades of clinical and operative experience in both the modern and Ayurvedic teaching hospitals and private practice setup.

EDUCATIONAL ACTIVITIES

Conducted many workshops, C.M.E.'s, Symposia.

Participated in many institutional, national and international conferences as speaker and also as guest speaker.

RESEARCH ACTIVITIES

Presented many papers at the various regional, national and international conferences on official and miscellaneous topics in Obst. & Gyn. Special research in interest in application of ayurveda on modern scientific lines. Officiated as project officer and as Hon. Consultant to the Central Govt. for research in indigenous oral contraceptive pill. Developed twelve indigenous, effective and research based, FDA approved herbal formulations for various clinical conditions like BOH (Recurrent Pregnancy Loss), PIH (Pregnancy Induced Hypertension), IBS (Irritable Bowel Syndrome), Oligozoospermia, etc.

BIBLIOGRAPHY

Publications:

1. Changing Trends in Caesarean section operation. M.D. Thesis- Mumbai University 1972
2. Female Sterilizations. NIMA JOURNAL
3. Physiology of conception and Ayurveda. NIMA JOURNAL
4. Effectiveness of P5 (Ayurvedic) Vaginal Pessary in Vaginitis. Bombay Hospital Journal Vol.34.No.12 1992, pg. 88-92.
5. Fevers in Gynaec & Obstetric Practice. Journal of NIMA, Jan.1997. Pg.21-26.
6. Recurrent reproductive loss: A diagnostic challenge and a therapeutic dilemma. Journal NIMA, June 1997, pg. 5-10.
7. Efficacy of Cap. P-5. (Ayurvedic) as oral antimicrobial chemoprophylaxis. Journal NIMA. Sep.1997.pg.5-9.
8. Scientific Foundation of Ayurveda.- Golden Jubilee Volume, R. A. Podar Medical College .1997
9. Ayurveda A Perspective. Golden Jubilee Volume, R. A. Podar Medical College .1997.

10. Link between Religion, Science and Medicine. Gold Jubilee Vol.1997
11. Review of 60 cases of Wertheims - Hysterectomies. M.D Thesis.
12. Role of an efficient herbal anti-oxidant in improving national average birth weights. Journal NIMA, July 2002, pg.5-11
13. Cap. "Sujat" For Comprehensive Antenatal Care and Prevention of Pregnancy induced Hypertension. Bombay Hospital Journal, Vol.42.No.1, Jan. 2000.
14. Combination Ovule of Miconazole and Metronidazole in Vaginal infections.(unpublished)
15. Low birth weight and heart disease: One remedy for both. Health Care in India, May.2000.
16. Evaluation of Ayurvedic therapy through modern clinical pharmacological approach. Proceedings of WHO training-cum-workshop on quality, safety and efficacy of Indian systems of medicine. 10-12 April, 2002. New Delhi.pg.29-35.
17. Effectiveness of Indigenous Oral Contraceptive. Bombay Hospital Journal, Vol.45. No.2.2003. pg. 310-312.
18. Semen analysis parameters and effect of treatment with Asparagus racemosus and Mucuna pruriens. Bombay Hospital Journal, Vol.45. No.2.2003. pg.416-419.
19. Prophylactic use of Panchvalkal (Pentaphyte-P-5) for chemoprophylaxis in major gynaecological surgeries. Bombay Hospital Journal, Vol.45. No.2.2003. pg.591-595.
20. Role of herbal immunomodulators and anti-oxidants in recurrent pregnancy loss – Bombay Hospital journal, Vol. 48, no.3, 2006 pg.455-463

ORAL PRESENTATIONS:

- Comprehensive Antenatal care & prevention of Pregnancy Induced Hypertension -Cap.Sujat: Recd. the 1st prize in the Sir J.J Group of Hospitals & Grant Medical College Research Society for the year 1998.
- Cap. Pentaphyte P-5 as a broad spectrum Anti-microbial original research work of Dr.Palep has now been taken up by the Sir J.J Group of Hospitals & Grant Medical College Research Society. Trials are being conducted in Depts. of Internal Medicine, Orthopaedics, Obst & Gyn., Paediatrics & Plastic Surgery. Study Presented at the Sir J.J Group of Hospitals & Grant Medical College Research Society for the year 1999.

- New Frontiers of Research in Hypertension & Pregnancy Induced Hypertension- Haffikines Institute – 31-07-1999
- Herbal therapy in pregnancy - 31/03/2000 Guest Lecture Delivered for Mumbai Obst Gyn Society Annual Conference.
- A Journey to dialogue, HIV/AIDS and Traditional medicine Conference at India International, Nov. 2000, New Delhi.
- Post menopausal problems in Ayurveda. 3rd International of Congress of Ayurveda, Hyderabad.2001.
- Quality, Safety and Efficacy of drugs of Indian systems of medicines. WHO workshop. April, 2002, New Delhi.
- Role of Cap.Torchnil, a herbal immunomodulatory anti-oxidant in recurrent pregnancy loss. International conference on anti-oxidants & free radicals in health and nutrition. Jan 2005. Bangalore.
- Complimentary therapies in Cancer management, 3rd International seminar Hyderabad. “ Ayurveda & Genital Malignancies”. 04/02/2005
- Tadvidya Sambhasha Ayurveda, “Scientific Foundation To Global Vision” – Bhartiya Vidya Bhavan, Mumbai – 08/02/2005
- Tadvidya Sambhasha Ayurveda, “Scientific Foundation To Global Vision” – Haffkine institute, Mumbai – October, 2005.

Cover Stories (News Papers & Magazines)

1. Herbal medicines if standardized, have tremendous potential- Express Pharma Pulse, Aug 1997.
2. Revoking the traditional Remedy- Holistic Healing, Sep 1998.
3. Ayurveda awareness increasing: Heritage Healing, Aug 1999.
4. Haffkine Institute seminar reveals new products: Medivision, Aug 1999.
5. Life style induced diseases in women: Ayurmediline
6. Herbal formula for a superlative baby- June 2000, Holistic Healing
7. HIV/AIDS and Ayurveda: Promising leads- Dec 2000, Holistic Healing.pg.8-12.
8. Dr. Palep develops *Collasyn* for Heart disease, menopause and diabetes- Express Health care management, Apr 2003.
9. Upanishads and enquiry into the secrets of creation- Express Pharma Pulse, July 2003.
10. Upanishads: How life is created- Express Pharma Pulse, July 2003.
11. Healthy mother! Healthy child! Healthy Population. Amruth, Vol.8 issue 2.Mar.-Apr. 2004. pg. 23-27.

EXTRA CURRICULAR ACTIVITIES :

- Life Member of Bombay Obs. & Gyn. Soc, Indian Soc. Of Fertility and Association of Gyn.
- Life Member of Indian Medical Association (IMA), National Integrated Med. Association(NIMA) & Association of Medical Consultants(AMC).
- Active Member of Rotary Club Of Bombay North.
- Founder Secretary & Trustees of Vivekanand Medical Mission.
- Convenor, Update Ayurveda Seminar at K.E.M. Hosp,1988.
- Convenor, Orientation Course in Ayurveda at Jaslok Hosp,1989.
- Conducted camps for Education towards awareness and detection of cancer in the early stages in Women.
- Chief Convenor, Inter pathy Research Convention, Maharashtra University of Health Sciences(MUHS), Nashik. Jan 2000 & 2002.
- Chairman Tadvidya Sambhasha Ayurveda – “Scientific Foundation to Global Vision
- Founder Trustee of Vivek Granthalaya, Vivekanand Bal Mandir, Sandeepani Ratri Vidyalaya & Vivek Institute. of Technology.
- Reading, Writing, Social service.

PROFICIENCY IN LANGUAGES:

English , Marathi , Gujarati , Hindi , Telugu , Working knowledge in Sindhi , Kutchi & Urdu.

Author of the book- “ Scientific foundation of Ayurveda”

This book was released on 8th Feb. 2005 at the hands of Hon. Minister of Public Health and Family Welfare, Govt of Maharashtra, Mrs. Vimaltai Mundada at the Bharatiya Vidya Bhavan, Mumbai. It is reviewed by many eminent scholars from both the faculties of Ayurveda and modern medicine.

Some opinions about the book:

-“The transcultural understanding of Ayurveda would be enhanced by Dr. H. S. Palep’s monograph- **Dr. Ashok D. B. Vaidya**

-“This book is like a lamp placed on the threshold (dehalideepa) revealing the basic unity and the goal of Ayurveda and modern medicine- **Prof. S. A. Upadhyay**

-“Dr. Palep also had the benefit of training in Ayurveda and modern medicine; he has validated some Ayurvedic preparations using well documented scientific data” - **Prof. R. D. Lele**

-“I congratulate the author for this great work and I hope in future he will present to the medical world such literature”- **Vaidya Shree Ram Sharma**

-“I hope the monograph‘Scientific Foundation of Ayurveda’ will prove as a useful addition to contemporary Ayurvedic literature”- **Prof R. H. Singh**